

2015 Bishop Dwenger Rugby Club Membership Requirements

You Must:

1. Have a current IHSA physical on file with the school. Forms are available in the office or off the school website. **You cannot practice if you do not have a physical.**
2. Register at www.rugbyindiana.com - The cost for registration this year is \$200 for boys and \$150 for girls. If you are in need of financial assistance a scholarship application is available on the website. If you have more questions or need additional assistance please contact the coaching staff. **The deadline for registration is March 14.** After this date there is a \$10 late fee.
3. Sign and return all forms by **March 5 to your COACH:** Rugby Indiana/USA Rugby Waiver, Code of Conduct, Equipment Forms.
4. Attend practices. Practices will be held at Northwood Middle School. The practice schedule is liable to changes due to space availability and weather conditions. Players will know ahead of time of changes to practice schedule.
Boys - Tuesday and Thursday 3:30-6:00
Girls - Monday and Wednesday 4:00-6:00

Player Equipment Requirements

- Cleats/boots** (soccer or rugby, football is ok) Molded cleats are preferred over studs, if cleats have studs they must be all metal or all plastic.
- Rugby shorts** (Navy for Boys , White for Girls)
- Socks** (Navy)
- Mouthpiece** we suggest purchasing 2 or 3 mouthpieces, no mouthpiece means no play!
- Jersey** (game jersey provided by the team, but a practice jersey is good to have). Additional equipment like scrum caps and shoulder pads can be purchased but are not required.
- Kit Bag** Players should have a bag to carry rugby equipment in, in addition to having warm-ups, spare socks, small towel, fuel snacks, bandages, tape, spare mouthpieces

World Rugby Shop is having a sale all this week until Sunday - 20% off the entire store (online only). This is nice because it means **all** the gear on our store will be eligible for this 20% off as well.

1. go to www.worldrugbyshop.com
2. search "dwenger" in the *I'm looking for...* bar
3. Add items to cart
4. Checkout using Use Discount Code - 20FORYOU